



GSS HEALTH & CONSULTATION

Our Vision

Based on the principle of healthy and happy women, families and societies, and to support women and their relatives in finding the most appropriate specialists and practices to improve and maintain their physical and mental health, and to help them adapt to the long life cycle, and to accompany them to maintain their health throughout their lives.

Our Mission

To help women and their relatives regain and maintain their physical and mental health, by operating;

- Within the framework of our ethical principles,
- Within international standards,
- With high quality of services,
- With effective prices.

To make accurate analysis and planning by establishing a trust-based, open communication with our customers in order to help them reach the most appropriate experts and applications.

To turn the trust-based, solution-oriented relationship we have established with them into a continuous and permanent bond by continuing our information and counseling services for the protection of their health even after their return to their countries.

Our Ethical Principles

- Commit to the highest ethical and professional standards
- Act with honesty and integrity
- Be transparent and clear
- Place the interests of clients above our own
- Treat clients with respect, dignity, in a responsible and compassionate manner.
- Respect the client's privacy, safety, security and honor.
- No distinction based on medical condition, age, gender, disability, race, color, religion, national origin or place of residence



Treatments

- **Medical Treatments**
- **Beauty & Rejuvenation Treatments**
- **Preventative Medicine & Check-up**



Medical Treatments for Women

- Breast cancer
- Ectopic pregnancy
- Endometriosis
- Fibroids
- Follow up of high risks during pregnancy
- Genital aesthetics
- Genital PRP
- Genital whitening
- Gynecological oncological diseases (cervical cancer, ovarian cancer, pelvic masses, uterine cancer, vaginal cancer and vulvar cancer)
- HPV infection- HPV vaccine
- Incontinence
- Infertility - IVF
- Menopause (period and postmenopausal stages) and hormone treatment
- Ovarial cystic diseases
- Pregnancy and postpartum (pregnancy tracking, diseases seen in pregnancy)
- Premenstrual syndrome
- Sexual function disorders
- Sexually transmitted diseases
- Uterine prolapse
- Vaginismus

Medical Treatments for All

- Brain and nerve surgery
- Cancer
- Chest diseases
- Cord blood
- Dermatology
- Endocrinology and metabolism diseases
- Eye diseases
- Gynecology and Obstetrics
- Internal diseases and internal medicine
- Medical genetic
- Neurology
- Nutrition and diet
- Obesity
- Oral/dental health and aesthetics
- Organ transplantation
- Orthopedics
- Otorhinolaryngology
- Pathology
- Phlebology
- Physical therapy and rehabilitation
- Psychiatry
- Psychology
- Radiation oncology
- Radiology
- Reconstructive surgery
- Stem cells
- Surgery
- Urology



Surgical Treatments for All

General Surgery

- Abdominal surgery
- Breast Surgery (including biopsy, lumpectomy, needle localization, axillary node dissection, and mastectomy)
- Hemorrhoidectomy, fissurectomy, and fistulectomy
- Hernia surgery
- Laparoscopic surgery (a minimally invasive surgery involving the gallbladder, hernias, appendectomy, lysis of adhesions, colon resection, laparoscopic fundoplication, liver biopsy, and diagnostic procedures)
- Proctology and coloproctology
- Soft tissue surgery
- Surgery of the pancreas, liver, spleen, stomach, small and large bowel, and the rectum
- Thyroid gland surgery
- Thyroid and Parathyroid surgery
- Transplant surgery
- Vein surgery

Bariatric Surgery

- Gastric band and duodenal switch
- Gastric bypass
- Sleeve gastrectomy

Breast surgery

Chest surgery

Heart Surgery

- Aneurysm repair
- Coronary artery bypass grafting (CABG)
Heart valve repair or replacement
Insertion of a pacemaker or an implantable cardioverter defibrillator (ICD)
- Heart transplant
Insertion of a ventricular assist device (VAD) or total artificial heart (TAH)
- Maze surgery

Jaw Surgery

Pediatric Surgery

Reconstructive surgery

Vascular Surgery

- Angioplasty, Atherectomy and Stenting
- Arteriovenous Fistula Creation for Dialysis Access
- Carotid Endarterectomy
- Carotid Stenting
- Chronic/Non-healing Wound Management
- Dialysis Access
- Endarterectomy
- Endovascular Stent Graft

Orthopedic Surgery

- Arthroscopy
- Hip replacement
- Knee replacement
- Shoulder replacement



Beauty & Rejuvenation Treatments

Plastic surgery

Body surgery

- Abdominoplasty
- Body contouring
- Brachioplasty
- Breast augmentation
- Buttock fat injection and/or stem cell injection
- Buttock implants
- Calf implants
- Calf reduction
- Fat injection and/or stem cell injection into the breast
- Fat injection in the leg
- Full body lift
- Gynecomastia male breast aesthetics
- Hip augmentation
- Liposuction
- Scar removal
- Sclerotherapy

Face, Eyes and Head Treatment

- Blepharoplasty
- Facelift
- Facial fat injection and/or stem cell injection
- Forehead lift
- Neck lift
- Otoplasty
- Rhinoplasty

Medical Aesthetic

- Botox / filler injections (restylane, radiesse)
- Chemical peel
- Dermabrasion / dermaplaning
- Glycolic peels
- Laser peels
- Scar revision
- Tattoo removal
- Vein removal



Dental Aesthetics, Oral/Dental Health

- Bonding (Composite Lamina)
- Complete/Partial Denture (acrylic/metal-single jaw)
- Dental braces
- Dental prostheses
- Dental scaling
- Dental veneer (E-max, Zirconium, Laminate, Porcelain)
- Digital smile design
- Empress tooth (full porcelain) veneer
- Fiber post application
- Filling (composite, compomer, veneer)
- Gingival aesthetics
- Implant treatments
- Inlay and onlay restoration
- Invisalign
- Oral Examination and Consultaion
- Orthodontic treatment
- Panoramic X-Ray
- Porcelain dental crowns
- Periodontology (Gum diseases)
- Root canal treatment
- Retreatment
- Snoring treatment
- Smile design (Hollywood smile)
- Teeth grinding (Bruxism)
- Teeth cleaning
- Teeth whitening
- Zirconium crowns

Hair Transplant

Beard/Mustache Transplant

Eyebrow Transplants

Hair Transplant (for men and women)

- DHI- Direct hair implantation
- FUE-Follicular unit extraction
 - Sapphire follicular unit extraction
 - MicroFUE
 - Long hair follicular unit extraction
- FUT-Follicular unit transplantation



Preventative Medicine, Check-up

For Women

When it comes to women's health, we evaluate your and your family's health history, age, and stage of womanhood (such as childbearing age, pregnancy, postpartum, perimenopause, menopause, and post-menopause) to determine the risks you may face. We then address and manage these risks from a general health perspective, including but not limited to alcohol use, anxiety, depression, heart disease, blood pressure, diabetes, obesity, domestic violence, mineral-vitamin deficiency, and osteoporosis. We also address various types of cancer, infections, and preventive medicine from a preventive medicine perspective.

For Men

We offer holistic and targeted health screenings and medical imaging, such as general health screenings, skin health screenings, endocrine health screenings, heart health screenings, and cancer health screenings, depending on your age group and family history.



Services

Health Consultation and Treatment Organization

We offer a comprehensive service that covers every step of your treatment journey, from before you start until after you finish. This includes evaluating your medical data and recommending suitable doctors and hospitals, as well as arranging appointments and assisting with necessary procedures. We will be with you every step of the way.

Insurance

We work with experienced and knowledgeable doctors who prioritize our client's safety. However, if unexpected risks arise during a trip or treatment aimed at improving health, vitality, or beauty, we recommend and assist clients in obtaining insurance policies through insurance intermediaries to protect against potential risks. These include but are not limited to:

Health Tourism Complication Insurance, this policy is for medical complications that may occur after surgeries or medical procedures for individuals traveling to Turkey for health tourism. The policy covers expenses for medical examinations, treatments, and medication for the complications. If the complication occurs after returning home, the policy also covers travel and accommodation expenses. The policy covers treatments specified in the plan and stays within the coverage limits and rates specified in the policy and certificate.

Travel Health Insurance, policy that covers unexpected risks, such as illness, accidents, or death, for individuals traveling to Turkey from the date of arrival to the date of departure. The policy covers the cost of outpatient treatment, hospitalization, surgery, and doctor's services if the insured becomes suddenly ill or injured while in Turkey. It also covers expenses necessary for transfer to a medical center or transportation to another medical center or permanent residence after discharge. In the event of the insured person's death while traveling, the policy covers transportation expenses for the body to the place of residence.

Transportation & Accommodation

We provide services that support individuals and their relatives with a smooth travel experience and visa procedures for medical tourism purposes. We work with professional travel agencies to organize flight plans, airport transfers, hotel or hospital transportation, and accommodation reservations, taking into account the medical appointments. If you choose to make your own travel arrangements, we can evaluate the travel plan in terms of medical appointments and suitability, and arrange everything accordingly.

Tours

Upon your request, we offer tours in Istanbul or Turkey, in accordance with your travel plans, with our professional travel agencies that we cooperate with.

Concierge

We provide information and recommendations on local features, attractions, shopping, restaurants, dining, entertainment, nightlife, and recreation. Arranging transportation and activities. Making dinner/event reservations for guests and many other special requests that our guests may need.



Services

Second Opinion

Obtaining a second opinion from another doctor or a panel of doctors with diverse specialties can have advantages such as discovering new treatments or gaining reassurance that the current treatment plan is optimal. This can help you make the most informed decisions about your health. In this context, the patient is only contacted online and is given a recommendation, not a diagnosis.

Doctor's Opinion: which involves a single doctor providing a second opinion on the diagnosis, treatment options, and test evaluations after submitting medical information via a forms and tests. This process can be repeated upon further need.

Commission Opinion: where a group of doctors with various specialties provides a second opinion after evaluating your medical information via forms and tests.



How It Works



**LEAVE EVERYTHING TO US
RELAX & ENJOY YOUR EXPERIENCE**



GSS HEALTH & CONSULTATION

Our Story

We, MSc Env. Engineer R.Güneş Oksay and Prof.Dr.Suna Özyüksel (Ph.D.) came together for happier women and families.

I, MSc Env. Engineer R.Güneş Oksay, in addition to my long-term environmental engineering duties, I have also educated myself in new technologies, individual financial planning, and investment consulting. As a financial technology expert with knowledge of new technologies such as blockchain and AI, I contribute to our efforts to create a more advanced and efficient healthcare system.

I Suna Özyüksel, an academician and practitioner who has worked on international economics, risk management, and insurance in different institutions including both public and private sectors for many years. I became aware of the changing needs and expectations about health and beauty as I grew older. Even though I know many practices and doctors, I struggled to decide which one would be the best for my needs. There were many applications and many experts, but I couldn't decide which one was right for me. To be able to make a decision, I read scientific researches and published articles on this topic in the international arena, and had conversations with many doctors who are the best in their fields. Due to my knowledge and experience, women in my family and around me started to consult me for their problems. They all wished someone would tell them what they need and which methods and experts would be best to meet those needs. Later, I realized that many women of different ages had similar problems. I thought, who could solve these problems better than me with the knowledge and experience I have accumulated so far and the broad medical doctor network I have created.

So, we pooled our knowledge and experience and collaborated with the best specialized doctors and hospitals to help cure diseases that everyone, men and women, can face. We also created an infrastructure focused exclusively on women's illnesses and needs

To meet the needs of women, I continued to research more medical applications specifically tailored to women's age periods and stories and created a wide network of experts who can perform these applications with one of our medical doctor friend. In short, we established the infrastructure necessary for women to access applications and experts who will support them to improve all their health problems, guide them to take the necessary preventive measures to stay healthy, and give them ideas to choose the applications they can have to continue their lives in



Our Story

a vigorous and beautiful way.

Today, preventive medicine is crucial due to the increase in life expectancy. Sometimes our healthy lives are interrupted in certain age cycles, and we become the owners of different diseases due to the risks expected in age periods. For men, we offer intermediary services in preventive medicine with various tests and analyses.

Women, on the other hand, are evaluated in different segments depending on their age and/or life events (pregnancy, menopause, etc.). For example, a woman who goes through menopause at the age of 48-50 may live an additional 30 years on average and be much more energetic and full of life than her older counterparts. This raises issues such as the precautions these women need to take to maintain a healthy sex life, measures against osteoporosis, etc. Or pregnancy may require special care for women. For this reason, we examine the risks that women may encounter in their age periods with the tests and examinations created with reference to international studies and managed by expert staff who can manage this process.

Another issue that needs to be organized for women is to support them to stay vigorous while aging healthily. There are so many different aesthetic surgery and medical aesthetic applications that sometimes it is difficult to understand which one is most suitable for us. In this context, we support women to make the right choices with my network, which we have created by determining the applications and specialists suitable for their age periods so that women can look natural, vigorous, and beautiful at any age.

Being a patient puts people into very different anxieties. Especially receiving service in an unfamiliar country increases this anxiety even more. For this reason, we not only provide mediation for women and men to choose the treatments and specialists they need, but we also support them with a system and patient assistant service where we can discuss their concerns and answer their questions.

With our knowledge and experience and our extensive professional network, we provide you open and safe service, contributing in a small way to happier women and happier men for society.

